

PARKING: If you have parked in the Foot Care Lot next door, please move your car to our lot behind the building or utilize street parking. We are not granted access to that lot and we greatly appreciate your cooperation.

The Salt Room at CW Etiquette

· All clients must fill out an intake form and receive an orientation prior to attending their first salt room sitting.

· The Salt Room provides locking lockers to store your personal items. You are responsible for the key.

Complete Wellness Quakertown, Ilc is not responsible for any items left in or out of the lockers.

· Dress in comfortable clothing - salt dust is harmless and can be brushed off and/or washed out of clothing.

· **Please arrive 15 minutes prior to your session start time** to prepare (use restroom, store belongings, adjust clothing and footwear, take your seat, initial visit paperwork, etc.).

· **All Sittings begin promptly on the hour.** Once a session has begun, there is no entry into the salt rooms so as not to disturb seated clients. Late comers will be booked in the next available session or one within the week.

· Use of the Salt Room must be **avoided during the acute or contagious phase of any illness**, including but not limited to - colds, flu, infections with a fever, acute active tuberculosis, cardiac insufficiency, COPD in 3rd stage, spitting of blood, alcohol or drug intoxication, unstable or uncontrolled hypertension and acute stages of respiratory diseases.

· Clean socks are provided and required in the salt room at all times. **No bare feet are allowed.**

· In order to maintain a quiet environment, we suggest that you use your time in the room to sleep or meditate. Soft ambient music will be playing.

· The salt room is a quiet space free of all electronics, food, liquids and distractions. Kindly turn off your devices before entering the building. **Vibrate mode is not permitted** – your phone will be locked in a metal locker. Vibrate mode will be loud and disruptive.

· Thank you for understanding that you may experience a symphony of sounds coming from other clients during salt therapy sessions. Please do your best to accept and associate these sounds as signs of healing! Feel free to bring earplugs.

In Consideration of Others

· Unless there is an emergency, please do not leave the salt room while a session is in progress.

· Please keep voices low upon entering the building and please refrain from talking inside the salt room.

· Do not use any perfumes, lotions, or any kinds of fragrances when you attend a session.

· If you experience excessive coughing, kindly cough into a towel to help muffle the sound.

· If you are prone to excessive snoring, we encourage you to sit more upright, try to stay awake, and take deeper breaths during your treatments. This will help to reduce snoring.

· Please let us know as soon as possible if you are unable to make it to a scheduled salt room sitting. Refunds are only available with at least 24-hours notice.

Please initial the designated area on your intake form that you have read and understand the Salt Room Etiquette.

